

Creating
Togetherness

COCKING COLUMN

Est. 2021

January 2026

www.cockingcolumn.com

Mon 5 Jan 11am

Pendean Visit

Pendean House

Mon 5 Jan. 6.30 p.m.

Cocking Parish Council

Cocking Village Hall

Tues 9 Dec 7.30pm

200 Club Draw

Blue Bell

Thurs 15 Jan 11am

Coffee Morning

Blue Bell

Weds 28 Jan 930am

Monthly Requiem

St Catherine of Siena Church

Bar & Shop

Mon
CLOSED

Tues
4pm-10pm

Weds-Sat
12pm-10pm

Sun
12pm-5pm

Kitchen

Mon
CLOSED

Tues
5.30pm-8pm

Weds-Sat
Lunch: 12pm-2.30pm
Dinner: 5.30pm-8.30pm

Sun
12pm-4pm

UPDATES



THE LAUNDRY ROOM

Meditation Mondays and Taizé Tuesdays Return! We are pleased to report that Meditation Mondays (9.30am, silent meditations) and Taizé Tuesdays (9.30am, chant) are back every week. **Remember also that the church is *always* open.**

Playground Update. Many of you, especially those of you who use the playground will have noticed that after many years the fencing is starting to rot and in places the posts are collapsing. The Parish Council is pleased to report that we have managed to secure a grant from Chichester District Council to assist with the cost of replacing the fencing. The Parish Council will fund the remaining cost and the work is due to start early in 2026. Thank you to CDC for making these essential repairs possible!

St Catherine of Siena

Sun 9.30am Sung Mass (60 mins)

Mon 9.30am Meditation (20 mins)

Tues 9.30am Taizé (30 mins)

Weds 9.30am Morning Prayer (30 mins)

Thurs Fr Jonathan's Day Off

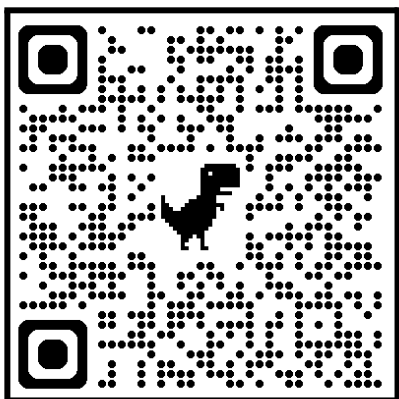
Fri 9.30am BCP Matins (30 mins)



Last Weds of Month 9.30am

Requiem Mass

Christmas Cocking Talks. Many thanks to Darron Carver for organising another year of Cocking Christmas Talks, and to all the speakers. The Talks raised money for the St Catherine of Siena Church Preservation Trust, which is an independent charity dedicated to caring for our church building. To find out more and support their work, visit: cockingchurch-preservationtrust.org.uk



Epiphany House Blessings. As every Epiphany, Fr Jonathan is offering house blessings to anyone who wants one, and especially those who have recently moved into the village. Please get in touch with him to book one in.



<https://underthedowns.co.uk/house-blessing>

200 Club. The final 200 Club draw of 2025 saw No. 7 drawn as the winning number: congratulations to Andrew Hood who is now £200 richer! We are pleased to report that there were 12 different numbers drawn over

the year with £2,327.50 being paid in prizes! Thanks to all those who have supported the 200 Club in 2025, we raised over £5,700 which helped with some much needed maintenance of the Blue Bell.

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Proudly Serving Our Community

The 200 Club continues in 2026 with an improved format - every month in 2026 there will be 3 prizes drawn and the total prize fund doubled from 2025! For further information and details of how to join please scan the QR code below or email 200clubcocking@gmail.com.

Sign up today for your chance to win a share of up to £1,000 every month in 2026! All proceeds go to supporting the Blue Bell Community Hub.



Community Lunch. The Cocking Community Christmas Lunch, supported by the National Lottery, was thoroughly enjoyed by everyone. A huge thank you to Mike, Boyd, and the entire team for delivering such a fabulous Christmas lunch.



Building Surveyors

- Historic and Listed Building Specialists
- Pre Purchase Condition Surveys
 - Heritage Statements
- Building Pathology / Defect Analysis
- Drawings and Planning Applications



Darron Carver, MSc (Building Conservation)

IHBC, ACABE, MIOC,
L3awardDMCB.

E: darroncarver@inigowren.co.uk

Embrace Yoga at Cocking Village Hall

www.midhurstyoga.co.uk



Hatha Yoga
Weds 6pm

One-to-One Yoga Sessions
Bookings available

embrace yoga

for more information please visit www.midhurstyoga.co.uk
or contact Jane Menon
07841537105 | jane.menon@hotmail.co.uk

UPCOMING EVENTS

Pendean Nursing Home. The next service is at 11am, **Mon 5 Jan.** Do join us there, or let Fr Jonathan know if anyone would like a visit.

Parish Council Meeting. The next meeting is 6.30pm on **Mon 5 Jan**, at the Village Hall. Everyone is welcome to attend.

Village Coffee Morning—NEW START TIME!

From 2026, the village coffee morning will start at 11am. Join us on Thursday 15 January at 11am at the Blue Bell for a cuppa and a chat. There's no need to book—just come along, and feel free to bring a friend. If you have any donations for the Food Bank, please bring these along too, which we will deposit in the collection area at the church.

www.southdownsgardens.co.uk

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Chair Yoga & Cake. Free Chair Yoga & Cake is taking a break in August, to resume as usual at 3-4.30pm on the following Thursdays at the Village Hall: **8, 22 Jan; 5, 19 Feb; 5, 19 Mar; 16, 30 Apr; 14 May; 4, 18 June; 9, 23 July.** For details, please contact Portia Charles (portiacharles100@gmail.com).



WEEKLY PILATES CLASSES
Cocking Village Hall
Mondays 10.30am-11.30am

All are welcome, no experience necessary.
Please contact me to book your space.

From my home in Cocking I also offer:
1-2-1 sessions in Pilates and Yoga
Flower Essence consultations
Reiki
Bodywork

Contact Charlotte at:
hello@charlottewisewellbeing.com • 07946 421989
www.charlottewisewellbeing.com

Monthly Requiem. The monthly requiem is on the final Wednesday of the month, 9.30am, **Jan 28.**

REQUESTS & OFFERS

Church Band & Choir. Do you play a musical instrument and/or sing? If so, then the church would love you to join our band or choir. Band plays once a month, and the choir is assembled for special services, e.g., Christmas. Please contact Naomi Dekker (ndekker@hotmail.com) if you're interested!

Food Bank. The church serves as a drop-off point for the Food Bank. This month, we are especially collecting **Jams & Spreads**. For other suggestions, see also <https://chichesterdistrict.foodbank.org.uk/give-help/donate-food/>

Join us on Whatsapp



COCKING
COLUMN

+447799271913

 **THE COCKING 200 CLUB RETURNS FOR 2026**

Now Bigger and Better...
3 prizes drawn each month!!

A maximum of 200 numbers
£10 per month or £120 for the year



All Proceeds go to the Blue Bell Community Hub

For further details email 200clubcocking@gmail.com

EACH MONTH
1st prize - up to £500
2nd prize - up to £300
3rd prize - up to £200

* Prizes calculated on % of numbers purchased if less than 200 sold



meditation mondays

Mondays, 9.30am

contemplation @ cocking church



taizé under the downs

Tuesdays, 9.30am

Support your parish church! This year, the church is looking to secure its future, to ensure that it is sustainable for many decades to come. Besides running services almost every day, the church is here for us to celebrate the important milestones of our lives, and also significant public events. It also runs this village magazine! It is here, not only for its Sunday congregation, but for every single person who lives in the parish. It takes a lot to run a parish church. Its annual budget is over £30,000, and it receives no direct financial assistance from the Church of England or the national government. It also needs **readers** and **musicians/singers** to help out! Not to mention people to help to **clean** and **decorate** the church. If you feel able to help, the church would love to hear from you! To make a one-off or regular donation, please also visit:

<http://underthedowns.co.uk/cwwl-gift>

