

Creating
Togetherness

COCKING COLUMN

April 2025
Est. 2021

www.cockingcolumn.com

Sat 5 April, 6.30pm

Music Night: Josh Eade
Blue Bell

Mon 7 & 14 April, 10.30am

Pilates Taster
Cocking Village Hall

Mon 7 April, 11am

Monthly Service
Pendean Nursing Home

Mon 7 April, 6.30pm

Parish Council Meeting
Cocking Village Hall

Tues 8 & 15 April 11am

Safeguarding Discussion
Cocking Rectory

Sun 13-20 April

Holy Week
St Catherine of Siena Church

Thur 17 April, 10.30am

Village Coffee Morning
Blue Bell

Weds 23 April, 6.30pm

Paint & Sip
Blue Bell

Sun 27 April, 9.30am

Feast of St Catherine of Siena
St Catherine of Siena Church

Sun 27 April, 12.30pm

Patronal Lunch
Cocking Village Hall

Tues 29 April, 11am

Nicene Creed Discussion
Cocking Rectory

Weds 30 April, 9.30am

Monthly Requiem
St Catherine of Siena Church

Weekly at St Catherine's
Mon, Tues, Wed, Fri, 9.30am

Morning Prayer

Thur Fr Jonathan's day off

Sunday, 9.30am Sung Mass

Blue Bell Hours

Sun Bar 12pm-6pm | Food 12pm-4pm

Mon CLOSED

Tue Bar 4pm-10pm

Wed-Sat Bar 12pm-10pm |

Food 12pm-2.30pm, 5.30pm-8.30pm

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UPDATES

SDNP Local Plan Review. Thank you to everyone who signed the recent petition. It has been submitted to the SDNP along with a report produced for the Parish Council by an independent planning consultant. Many villagers have also made their own submissions during the public consultation period which closed on Mar 17. We must now await the outcome of the consultation.

New shop at the Blue Bell. Mike and Boyd have opened up a village shop within the Blue Bell itself, selling basic essentials. Stock and opening hours will evolve over time as they learn what the village needs.

UPCOMING EVENTS

Music Night: Josh Eade. 6.30pm, Sat April 5. Josh Eade returns to The Blue Bell for a fantastic night of country and western. Two-course American-style menu will be available £22pp. Booking for food essential but drinkers welcome too!

Free Pilates Taster. Charlotte Wise is offering free Pilates taster classes, 10.30am, Mon April 7 & 14. To book your space contact hello@charlottewisewellbeing.com.

Pendean Nursing Home. The next service is at 11am, Mon April 7. Do join us there, or let Fr Jonathan know if anyone would like a visit.

Parish Council Meeting. Monday, 7 April at 6:30pm at the Village Hall. All are welcome.

Holy Week this year begins on April 13 with a procession (9.45am) through Heyshott for the service at St James's (10am). On Wed April 16, 730pm, there will be a candlelit Tenebrae service at St Catherine's. On Maundy Thursday April 17, 730pm, the service is at St James's. On Good Friday, April 18, 10am, the service is at St Mary's, Bepton. On Holy Saturday, April 19, 8pm, the Great Easter Vigil is at St Catherine's, Cocking, followed by celebratory refreshments.



JOIN MY FREE TASTER SESSIONS

NEW PILATES CLASSES

Cocking Village Hall
Mondays 10.30am-11.30am

Please join me at a **FREE PILATES CLASS** on **Monday 7th** and **Monday 14th April 10.30am-11.30am**.

I have over 20 years' experience teaching Pilates and am looking forward to creating a Pilates community in Cocking.

All are welcome, no experience necessary.
Please contact me to book your space.

Regular weekly Pilates classes from
Monday 28th April at 10.30am
(No class on Easter Monday 21st April)

Contact Charlotte at:
hello@charlottewisewellbeing.com • 07946 421989
www.charlottewisewellbeing.com

Village Coffee Morning. 10.30am, Blue Bell, third Thursday of each month. A wonderful opportunity to catch up with neighbours or get to know village newcomers. No need to book; just turn up—bring a friend. Drinks and biscuits courtesy of *Friends of the Blue Bell*.

Patronal Festival. The Feast of St Catherine of Siena will be celebrated at 10am, April 27 at the parish church. This service will be followed by a lunch at Cocking Village Hall at 12.30pm. Lunch is free-of-charge, with donations gratefully received.





Sunday 27th April
10am Patronal Festival
12.30pm Patronal Lunch



www.underthedowns.co.uk/giftday

Nicene Creed Discussion Group. The discussion group on the Nicene Creed continues 11am, Monday 29 April at Cocking Rectory. No prior knowledge is assumed. Sign up here <https://underthedowns.co.uk/creed/>

Monthly Requiem. 9.30am, Weds 30 April at the parish church. Every month, we remember those who have died recently and those whose anniversaries fall during the month. If you would like someone to be remembered, please let Fr Jonathan know.

Embrace Yoga at Cocking Village Hall
www.midhurstyoga.co.uk



Hatha Yoga
Weds 6pm

One-to-One Yoga Sessions
Bookings available

embrace yoga

for more information please visit www.midhurstyoga.co.uk
or contact Jane Menon
07841537105 | jane.menon@hotmail.co.uk

Chair Yoga & Cake. Free Chair Yoga & Cake is on the following Thursdays at the Village Hall: 10, 24 April; 8, 15, 29 May; 12, 26 June; 10, 24 July. For details, please contact Portia Charles (portiacharles100@gmail.com).

REQUESTS & OFFERS

Food Bank. The church serves as a drop-off point for the Food Bank. In March, we are especially collecting **Tea and Coffee Supplies**.

The church is an official collection point for



Chichester District
foodbank

SAVE THE DATE

VE Day. May 8 2025 marks the 80th anniversary of VE Day. The church service commemorating this in this Benefice will be at St James, Heyshott, 10am followed by an exhibition and refreshments at the Cobden Hall. The service will feature reflections from representatives of various branches of the Armed Forces.

In addition, the *Friends of the Blue Bell* are throwing a celebration lunch for Cocking residents, May 11, 1pm-5pm at the Village Hall. This is sponsored by the Lottery Fund. For more information and to help email cockingvillage.events@gmail.com



The Chalk Stream Gardens of Cocking. 11am-5pm, June 21. The Cocking Garden event for 2025 will showcase one of the rare Chalk Streams of Sussex and the local gardens and houses along its course. More information will follow shortly.

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Holy Week 2025



Palm Sunday

10am April 13

St James
Heyshott



Tenebrae

730pm April 16

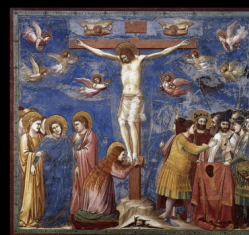
St Catherine of Siena
Cocking



Maundy Thursday

730pm April 17

St James
(Vigil: 9pm St Catherine)



Good Friday

10am April 18

St Mary
Bepton



Easter Vigil

8pm April 19

St Catherine of Siena
Cocking



Paint & Sip Night

Wednesday April 23rd 6.30pm-9pm

at the Blue Bell Inn, Bell Lane, Cocking, Midhurst GU29 0HU



A guided session with professional artists Elisabetta Coccia and Corrina Holyoake where we will take you through the process to create a fabulous owl in gouache and watercolours to take home.

* All materials included *

* Suitable for all abilities *

* First drink free *

£35

Food available from 17.30pm if you would like to dine before hand



Encouraging everyone to tap into their own inner artist.
Facebook: @artypeaceuk Tel: 07864702181 / 07900006826

8th May 2025 marks the 80th anniversary of VE Day, and thus the end of the Atlantic side of the Second World War.

The service of thanksgiving offered in this Benefice will be at 10am at St James, Heyshott, featuring speakers representing all branches of the Armed Forces.

The Friends of the Blue Bell (with support from Lottery Fund) are hosting a celebration lunch at Cocking Village Hall, May 11, 1pm-5pm, free to all Cocking residents.