

Creating
Togetherness

COCKING COLUMN

March 2025

Est. 2021

www.cockingcolumn.com

Sat 1 Mar, 7pm

Live Music: Liam Joseph
Blue Bell

Mon 3 Mar, 9.30am

Meditation Monday
St Catherine of Siena Church

Mon 3 Mar, 11am

Monthly Service
Pendean Nursing Home

Tue 4 Mar, 10am

Pancake Day
Cocking Rectory

Wed 5 Mar, 9.30am

Ash Wednesday
St Catherine of Siena Church

Tue, 11 Mar, 7.30pm

200 Club Draw
Blue Bell

Weds, 12 Mar, 6.30pm

Paint & Sip
Blue Bell

Mon, 17 Mar, 11am

Nicene Creed Discussion
Cocking Rectory

Thur 20 Mar, 10.30am

Village Coffee Morning
Blue Bell

Sat 22 Mar, 10am

South Downs Festival of Food, Fizz, and Firkins
Langham Brewery

Weds 26 Mar, 9.30am

Monthly Requiem
St Catherine of Siena Church

Sun 30 Mar, 9.30am

Mothering Sunday
St Catherine of Siena Church

Blue Bell Hours

Sun Bar 12pm-6pm | Food 12pm-4pm

Mon CLOSED

Tue Bar 4pm-10pm

Wed-Sat Bar 12pm-10pm |
Food 12pm-2.30pm, 5.30pm-8.30pm

Weekly at St Catherine's

Mon, Tues, Wed, Fri, 9.30am

Morning Prayer

Thur Fr Jonathan's day off

Sunday, 9.30am Sung Mass

WhatsApp. The village WhatsApp group continues to grow. To join, send a WhatsApp message to 07799 271913.

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UPDATES

Thanks from Mike and Boyd. Mike and Boyd would like to express their thanks for all the support they have received since the Blue Bell re-opened. Together, let's make our local pub a great success!

SDNP Local Plan Review. The Parish Council will soon make available a report objecting to the proposed development on the field at the north end of the village. Visit cocking.org. Workshops will also be offered to those who wish to submit their own objections:

1. Thursday, 06 March 12:30 - 13:30
2. Friday, 07 March 18:30 - 19:30
3. Saturday, 08 March 15:00 - 16:00
4. Sunday, 09 March 15:00 - 16:00
5. Wednesday, 12 March 18:30 - 19:30
6. Friday, 14 March 12:30 - 13:30

To reserve a place please send an email to Tim.Carter@Cocking.or or text 07769 896804

The Annual Parish Meeting of Electors will be held on Friday, 21 March at 7pm in the Village Hall. The guest speaker this year will be Andrew Griffith, local MP for Arundel and South Downs. Wine and soft drinks will be provided and all are invited to attend.

200 Club. Last month's draw was held on 11th Feb: Andrea Fox with number 49 was the lucky winner of £190— *congratulations!* March's draw will take place in the Blue Bell at 7.30pm, Tue 11th Mar. IT COULD BE YOU! We still have many numbers available so it's not too late to get involved; the more numbers sold, the higher the prize pot will be! Email 200clubcocking@gmail.com. All proceeds go to the Blue Bell Community Hub.

UPCOMING EVENTS

Live Music Returns to the Blue Bell!

Saturday 1 March: Liam Joseph sings. Big band, jazz, swing. 2-course set menu £22. Food booking essential. Drinkers welcome!

Contemplative Services Resume.

Contemplative Services at St Catherine's resume with Meditation Monday at 9.30am, 3 March, and Taizé Tuesday, 9.30am, 4 March.

Pendean Nursing Home. The next service is at 11am, Mon 3 Mar. Do join us there, or let Fr Jonathan know if anyone would like a visit.



Pancake Day. Pancake Day at the Rectory returns this Shrove Tuesday, 4 March, 10am at Cocking Rectory. Free entry, but registration essential:

<https://underthedowns.co.uk/shrove-tuesday>

Ash Wednesday service with the Imposition of Ashes, 9.30am, 5 March.

Parish Council Meeting. Monday, 10 March at 6:30pm at the Village Hall. The report stating our objections to the proposed development (see above) will be discussed at this meeting. All are welcome to attend.

Paint & Sip. Weds, 12 Mar, 6:30pm at the Blue Bell. A relaxed evening of watercolour painting—£35 includes glass of wine.

Nicene Creed Discussion Group. The discussion group on the Nicene Creed continues 11am, Monday 17 March at Cocking Rectory. No prior knowledge is assumed. Sign up here <https://underthedowns.co.uk/creed/>

Ash Wednesday

9.30am, 5th March
St Catherine of Siena,
Cocking

Holy Communion with the
Imposition of Ashes

Village Coffee Morning. 10.30am, Blue Bell, third Thursday of each month. A wonderful opportunity to catch up with neighbours or get to know village newcomers. No need to book; just turn up—bring a friend. Drinks and biscuits courtesy of *Friends of the Blue Bell*.

Monthly Requiem. 9.30am, Weds 26 March at the parish church. Every month, we remember those who have died recently and those whose anniversaries fall during the month. If you would like someone to be remembered, please let Fr Jonathan know.

Mothering Sunday. 9.30am, Sun 30 March at the parish church, welcoming all mothers and all who have mothers!

MOTHERING SUNDAY

9.30am, Sunday 30th March
St Catherine of Siena Church

Chair Yoga & Cake. Free Chair Yoga & Cake is on the following Thursdays at the Village Hall: 6 March, 20 March, 27 March, 10 April. If you are interested, please contact Portia Charles (portiacharles100@gmail.com).

Rother Valley Together Lunch Club meets twice a week at the Midhurst Grange, and offers activities, lunch and company for elderly people who are living alone. If you would like to join or volunteer, please check poster below.

Quiz Night Returns Soon! Watch this space for the glorious return of the Quiz Night!

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REQUESTS & OFFERS

Food Bank. The church serves as a drop-off point for the Food Bank. In March, we are especially collecting **Shaving Supplies (for men and women)**.

The church is an official collection point for

Chichester
District
foodbank



 **Paint & Sip**

"Citrus Splash" – burst into Spring and meet new people with professional artist and tutor Sue Cooper, to paint a gorgeous display of citrus colours.

A relaxed evening of painting with step by step instructions to create your own watercolour masterpiece!

£35 includes glass of wine

✦

Wednesday 12th March 6.30 – 8.30pm

The Blue Bell, Cocking, Midhurst, GU29 0HU

✦

Spaces limited, book now!

For more information or to book:
Whatsapp Sue on 07726 466628 or email
suecooperartist@yahoo.com



**Rother Valley Together
Midhurst
Come and Join Us**

Join us to make new friends, and maybe to renew former friendships, in our warm and welcoming day club at the Grange for those in their later years.

We offer a range of activities, an opportunity to try something different, revisit past interests, and time just to sit and chat.

Mid-morning refreshments and a cooked lunch are also provided. We are open Tuesday and Thursday 10.30am-2.30pm. Transport can be arranged door to door through our minibus service.

Our charges are £15 per day excluding transport.

For further information, please contact Caroline on
07957 405959 or email
rothervalleytogether@gmail.com

Further details also available at
www.rothervalleytogether.co.uk

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Embrace Yoga at Cocking Village Hall
www.midhurstyoga.co.uk



Hatha Yoga
Weds 6pm

One-to-One Yoga Sessions
Bookings available

embrace yoga

for more information please visit www.midhurstyoga.co.uk
or contact Jane Menon
07841537105 | jane.menon@hotmail.co.uk

THE SOUTH DOWNS FESTIVAL OF FOOD, FIZZ, & FIRKINS is back!— Saturday 22nd March 2025 at the legendary
LANGHAM BREWERY

Not only will some of the best food and drink producers on the Downs be present for you to sample and enjoy, but there will also be the usual mix of free talks, music, and workshops.

For a full schedule of activities please visit
www.thesouthdownsfestivaloffoodandfizz.com

A COCKING EXCLUSIVE:
Cocking Residents who book tickets before
WEDNESDAY 12TH MARCH 2025
will be welcomed with a
FREE GLASS OF FIZZ
with each ticket.

On the day, we strongly recommend that you park your car at Midhurst Rother College and take advantage of the very special complimentary Vintage Food and Fizz Bus to and from the Brewery. The shuttle service runs between Midhurst and Langham Brewery between 10.00am-5.00pm.

This year the Festival is supporting two local charities: a percentage of all profits will be donated to St Catherine of Siena Church Preservation Trust and Chichester District Foodbank.