

COCKING COLUMN

Community
Project

Circulated
by

FETEmber
2024

www.cockingcolumn.com

Mon 2 Sept, 6.30pm
Parish Council Meeting
Village Hall

Sat 7 Sept, 2pm
FETE!
Cocking Rectory, Mill Ln.

Thur 18 Sept, 10.30am
Village Coffee Morning
Blue Bell

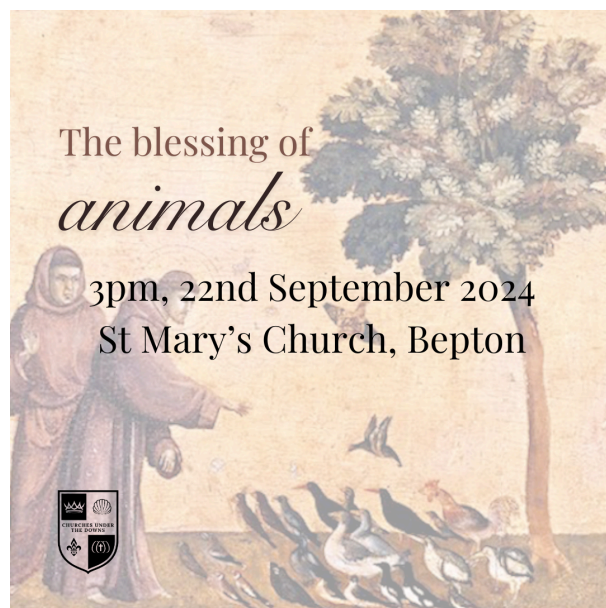
Sat 21 Sept, 2.30pm
Boule Tournament
Playground

Sun 22 Sept, 3pm
Pet Blessing Service
St Mary, Bepton

Weds 25 Sept, 9.30am
Monthly Requiem
St Catherine of Siena Church

Weds 25 Sept, 10am
Death Café
St Catherine of Siena Church

Sat 28 Sept, 6pm
Tapas & Cocktails
Blue Bell



Every Thursday, 3pm
Free Chair Yoga & Cake!
Village Hall

Weekly at St Catherine's
Mon, Tues 9.30am
Meditation/Contemplation
Tue, Wed, Fri, 9.30am
Morning Prayer
Sunday, 9.30am Sung Mass

Weekly at the Blue Bell
Sun, 12pm-3.30pm Sunday Roasts
Weds, 6pm Jackie's Pie & Pint

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NEWS & UPDATES

Collections for the fete. The annual fete is nearly here! We are still looking for toiletries, good quality collectables and antiques (strictly no electrical goods!), books, produce, jams and chutneys, decent quality clothes, toys and wine and spirits for the bottle tombola. These can be left in the big marquee at the Rectory from **Thurs 5th Sept**. Cakes for the cake stall would be much appreciated on the fete day (7th Sept) from 10am onwards. Thank you for your contributions and it would be wonderful to see all of you at the fete starting at 2pm.

Food Bank. Our local food bank is in urgent need of donations—and the church now serves as a drop-off point for the Food Bank. Goods will be delivered to the Food Bank monthly. All throughout September, we are collecting **Tinned Desserts/ Fruit, Snacks, and Treats**, to be delivered in time for Halloween!

Jackie's Pie & Pint night. Jackie's Pie & Pint night returns! Every Wednesday from 6pm, home-made pie with a pint or large wine for just £15, along with the introduction of Friday night Basket meals.

Early Christmas Bookings. Be among the first to experience the Blue Bell's exceptional Christmas menu. We invite you to book your table early to ensure you don't miss out before we begin advertising beyond the village. Secure your festive dining experience with us and enjoy a memorable holiday celebration.

Blue Bell Opening Hours

Café 7am-11am everyday

Pub Mon-Thur 11am-10pm

Fri & Sat: 11am-11pm

Sun 11am-6pm

Kitchen Mon-Sat: 7am-3pm; 6pm-8.30pm

Sun: 7am-4pm

Embrace Yoga at Cocking Village Hall

www.midhurstyoga.co.uk

Hatha Yoga

Weds 6pm

One-to-One Yoga Sessions

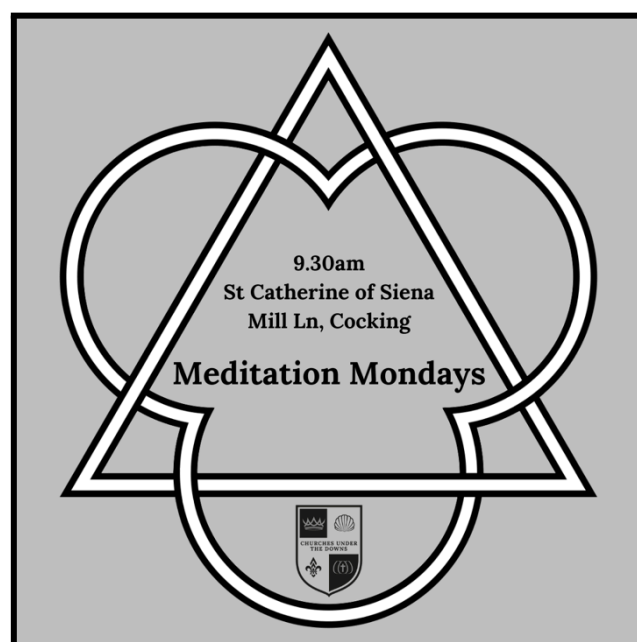
Bookings available

embrace yoga

for more information please visit www.midhurstyoga.co.uk
or contact Jane Menon

07841537105 | jane.menon@hotmail.co.uk

UPCOMING EVENTS



Meditation Mondays @ Cocking Church.

Every Monday morning, 9.30am, the church will be a space for (mainly) silent meditation. It's a wonderful way to start the week, just sitting in the beautiful stillness of our ancient parish church.

Taizé Tuesdays @ Cocking Church. Every Tuesday morning, 9.30am, we will hold a contemplative service with Taizé chants.

Parish Council Meeting. The next Parish Council meeting is on Monday 2nd Sept at 18:30 in the Village Hall, all are welcome.

FETE! The annual village fete is back again, with our traditional offerings of delicious food, fun games and competitions, and irresistible bargains! See you all there at this grand village unifying event!--from 2pm, Saturday 7th September at Cocking Rectory on Mill Lane.

Village Coffee Morning. 10.30am, third Thursday of each month in the Blue Bell: 19 Sept. It is a wonderful opportunity to catch up with neighbours and friends or get to know village newcomers. No need to book; just turn up and bring a friend or neighbour. Drinks and biscuits courtesy of the Friends of the Blue Bell.

Paul Henshaw Memorial Cup. 2.30pm, Sat 21nd Sept at the children's playground, next to Milestone Garage. Please see poster for more info.

Pet Service. 3pm, Sun 22nd Sept at St Mary's Church, Bepton. All pets of all shapes and sizes welcome to this brief outdoor service, celebrating and giving thanks for our animal companions.

Monthly Requiem. 9.30am, Weds 25 Sept at the church. Every month, we remember those who have died recently and those whose anniversaries fall during the month. If you would someone to be remembered, please let Fr Jonathan know.

Death Café. 10am, Weds 25 Sept at the church, following the requiem mass. For more information and to register: <https://underthedowns.co.uk/deathcafe>

Tapas & Cocktails Night. 28 Sept. Join us for the Blue Bell's first themed food night after the Summer season with Tapas & Cocktails. Come and indulge in delicious small plates and stunning fresh made cocktails to end the Summer in style.

Chair Yoga & Cake. Free Chair Yoga & Cake is on Thursdays at the Village Hall. If you are interested, please contact Jane Menon (jane.menon@hotmail.co.uk) or Portia Charles (portiacharles100@gmail.com). Also check out the ad for other yoga offerings!

SAVE THE DATE

Harvest Lunch. Sunday 6th October, 12 noon, Village Hall. A hot pot is being prepared by Suzanne from the village shop and vegetarians are catered for. The event is free but after the meal we ask for a donation to cover the cost of the food. All you have to do is to let any of the following if you want to come: Denise Barre, Jacqui Earley, Susie Burgess, or Suzanne in the shop.

Pre-Christmas Fete. Sunday 12th October, 11am-3pm/4pm, Blue Bell. Lots of local craft and trade stands .

REQUESTS & OFFERS

WhatsApp. The village WhatsApp group continues to grow. To join, send Fr Jonathan a WhatsApp message: 07799 271913. Fr Jonathan has also started a Mutual Aid group to support local people in need. Please contact Fr Jonathan if you need help, or would like to join the team.

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FROM 6PM**

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£15

**HOME MADE PIE, MASH &
VEG WITH A PINT OR
LARGE WINE**



THE BLUE BELL
AT COCKING

FRIDAY NIGHT BASKET MENU

ALL DISHES £9.95

ALL SERVED IN A BASKET WITH
FRIES OR CHUNKY CHIPS

FRIED CHICKEN

HALLOUMI BITES

SMALL BATTERED HADDOCK

BURGER

CHEESEBURGER

BATTERED SAUSAGE

BBQ CHICKEN
WINGS

HIDDEN GARDENS OF COCKING JUNE 30th 2024 Report

On Sunday June 30th garden owners in Cocking threw open their gates and welcomed visitors from all over the south east to raise funds for the Blue Bell Hub.

It was a resounding success - the weather perfect with blue skies and sunshine all day. A record turnout of well over 600 people (and their furry friends) enjoyed the day. Visitors were enthusiastic with praise siting the variety of gardens, from small ones packed with interest and colour with which many could relate to their own plots to the glorious larger ones with mill streams, woodland and shady corners where they could sit and relax and soak up the ambiance of the English countryside. Vegetable gardens too were a source of keen interest.

Our beautiful church and the fascinating Millennium Column had lots of visitors and were much appreciated.

Opening up one's garden is a great pleasure for the owners too who met lots of fellow gardeners anxious to talk about plants.

Delicious homemade cakes and tea served in Jean Jackson's and Sylvie's gardens were so popular that by the end of the day they were only left with crumbs - not a single cake was left (but a huge pile of washing up!) Simon and his team at the Blue Bell also had a record day as did Suzanne at the shop. The event has been valuable to the village as a whole, many of whom ended their day at the pub, exhausted but happy to have a tasty meal laid on.

A team of helpers manning ticket desks, herding cars, serving teas and baking cakes together with the garden committee who organised the event, and not least the garden owners are deserving of many, many thanks for their efforts in raising over £6,400 after expenses for the Blue Bell Hub.

Susan Stiff

Community Hub: Summer Success and Exciting Autumn & Winter Plans

As we bid farewell to summer, we reflect on a season filled with vibrant events and community spirit here at our local Community Hub. This summer has been a whirlwind of activity, starting with the fantastic car show and scooter rally in May, which brought together enthusiasts and families for a fun-filled day. The live music events featuring Josh Eade, coupled with our Band & BBQ night with Original Cool, and not forgetting the Hidden Garden event, were highlights that truly showcased the talent and energy of our community.

We also want to extend our heartfelt thanks to everyone who voluntarily supports the Hub in the garden, arranging our flowers, and creating a great display of hanging baskets and planters, among many other contributions. Your efforts are truly appreciated.

Our B&B has been busier than ever, and we are thrilled with the positive feedback we've received. It's been a valuable learning experience, and we're excited to carry these insights into the coming year. Your continued support has been crucial in making this summer a success, and we're grateful to each and every one of you.

As we transition into the autumn and winter months, we know that village support will be more important than ever. To keep the community spirit alive and thriving, we're planning a range of exciting activities and menu updates:

1. **Themed Food Nights:** Bringing back our popular themed evenings to add a touch of fun and variety to your dining experience.
2. **Live Entertainment and Bingo/Quiz Nights:** We're reintroducing live entertainment and lively bingo/quiz nights to keep you entertained throughout the colder months.
3. **Pie & Pint Nights:** Returning on Wednesdays, enjoy Jackie's homemade pies with a pint for just £15.
4. **New Basket Menu:** Introducing a new and exciting basket menu for Friday nights for a relaxed dining experience.
5. **Updated Main Menu:** Our main menu will feature a slightly more refined selection of dishes, all while keeping prices accessible. We'll also continue to offer our lunchtime menu.
6. **Daily Newspaper Sales:** We're pleased to announce that we are reintroducing newspapers to the village. They will be on sale every day from 8:30 am.

Looking ahead, we have some significant events on the horizon:

1. **October:** Celebrating Simon's one-year anniversary at the pub and his 21st birthday (just kidding), along with a Halloween fancy dress party (theme to be confirmed) We will also be doing a kids party during the day.
2. **December:** Enjoy our festive Christmas menu, join us for our five-year Community Hub birthday celebration, and ring in the New Year with our special parties.

We look forward to welcoming you to the Community Hub and continuing to build on our success together. Thank you for your unwavering support; it truly makes a difference. Here's to a fantastic autumn and winter season ahead!

**Warm regards,
Simon & the team**



Christmas Menu

2 courses for £19.95
3 courses for £24.95

Includes of bottle of fizz for the table

appetizer

Chestnut & Mushroom Soup Prawn & Smoked Salmon Cocktail
Goats Cheese & Cranberry Tartlet Chicken Liver Pate

main course

Beef Wellington Sharer - £75
(not included in the courses deal)

Traditional Turkey Roast with Roast Potatoes, Honey
Roasted Vegetables, Stuffing, Pigs in Blankets &
lashings of Gravy

Slow Roasted Lamb Shank with Wholegrain Mustard
Mash & Minted Gravy served with Honey Roasted
Vegetables

Pan-Roasted Duck Breast with Dauphinois Potatoes &
Blackberry Jus

Salmon en Croute with Minted New Potatoes, Roasted
Vegetables with a Dill Cream Sauce

Chestnut Nut Roast with Roast Potatoes, Honey
Roasted Vegetables, Stuffing & Mushroom Sauce

dessert

Baileys Cheesecake . Cheese Board
Apple & Cinnamon Crumble Chocolate Mousse
Traditional Christmas Pudding with Brandy Sauce



SATURDAY 28TH

tapas and cocktails

FROM 6PM UNTIL LATE
CHOOSE ANY 5 FOR £25

POTATOES BRAVAS	STICKY LAMB SALAD	CRISPY CHILI SQUID
BBQ BABY RIBS	CHEESEY GARLIC FOCCACIA	SMASHED AVOCADO ON SOUR DOUGH TOAST
TEMPURA KING PRAWNS	SOY & SESAME CHICKEN	FRIED CHICKEN & MASALA MAYO
OLIVES, NUTS & SCRATCHINGS	VEGETABLE GYOZAS	

BOOK NOW ON 01730 239 669



Fete Raffles



Church Fete

Cocking Rectory

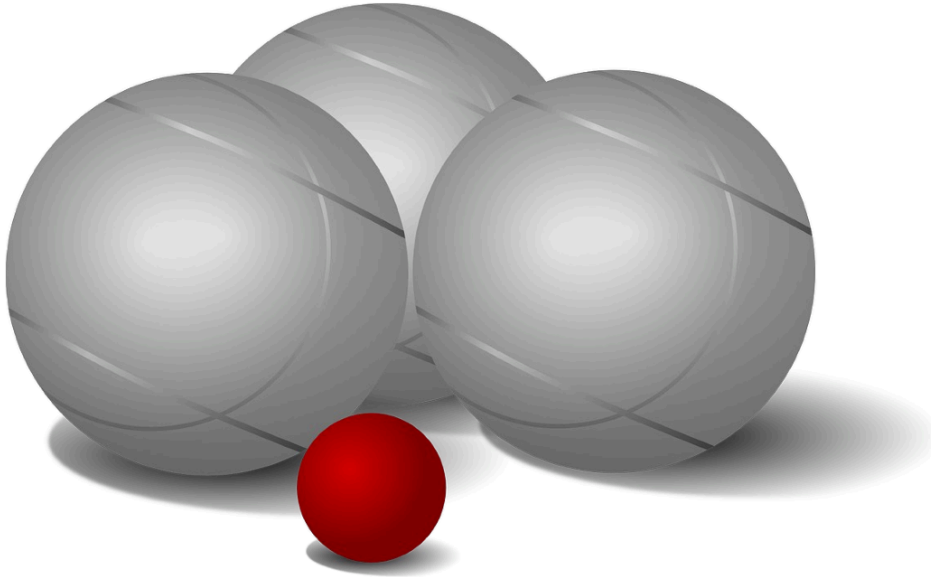
2pm-4.30pm
Saturday, 7th September 2024
FREE ENTRY

Come for teas and cakes, hot dogs,
ice cream, vintage and
collectibles, books, toys, clothes
bottle tombola, bake off, and
games for all!

- One weeks use of a holiday home in Scotland
- A case of wine (12 bottles)
- A gift of products from the Country Inn (worth approx. £60)
- £50 dining voucher from the Bluebell
- Breakfast Voucher for two at the Bluebell
- Voucher from the Park House
- Framed Painting by local artist
- A bottle of J&B Rare whisky(1 litre)
- Bottle of Pol Roger Champagne
- Bottle of Pol Roger champagne
- Voucher from the Crafty Pint

Available on the day and online:
<https://www.cockingcolumn.com/fete>

The Paul Henshaw Boule/ Pétanque Memorial Cup



21st September - 2.30pm

The Paul Henshaw memorial Boule Tournament is back by popular demand and will take place on the pétanque pit behind the children's play area - next to Milestones Garage.

As many teams as possible of two are invited to attend, but we would be grateful if all teams could confirm their wish to attend by Wednesday 18th September. Entry will be free.

The afternoon is planned to be as sociable as possible and participants are welcome to bring picnics etc. and of course, The Blue Bell opposite will be open for food and drink.

For further details or to confirm your team entry – please email
Richie Keen at rkeentreeworks@gmail.com
or Chris Budd at christianbudd@aol.com



Church Fete

For the parishes of Cocking with West Lavington & Bepton

Cocking Rectory

2pm-4.30pm

Saturday, 7th September 2024

FREE ENTRY

GRAND RAFFLE

One week's use of a holiday home in Scotland

Wine, Champagne, Whisky

Vouchers from Park House, Blue Bell

and many, many more!

WHISKY RAFFLE

Caol Ila 12

**Come for teas and cakes, hot dogs, ice cream,
vintage and collectibles, books, toys, clothes
bottle tombola, bake off, and games for all!**